



THE UNIVERSITY OF THE THIRD AGE

Heart of England

Website address:-
www.heartofenglandu3a.btck.co.uk

Newsletter Editor: Edwin Lilly, 9 Addison Drive, Stratford-upon-Avon, CV37 7PL

☎ 01789 204 472 : ✉ edwin_lilly@yahoo.co.uk

Membership Secretary: Brian Bradley, 7 Appleby Close, Gt. Alne, Alcester, B49 6HJ

☎ 01789-488 551 : ✉ brianbradley@uwclub.net

December 2012 Newsletter

TODAY'S SPEAKER

In the talk this month Karen O'Connor (Performance Coach) will talk about "The Performance Between the Ears". Karen's career as an oboist with the CBSO has taken her all over the world to perform in many of the world's great concert halls. Her research into sport psychology has now led her into a ground breaking area of work with professional and student performers.

NEXT MONTH'S SPEAKER

In January Ronald Gallivan will give a talk on The Origins of Two Ethnic Groups – Creole and Cajun – and how they came to be in the Mississippi area.

From the Chairman's Desk

Welcome to our December Meeting.

On Friday we had a Group Leaders Meeting. It was good to hear that all groups are doing well, although the Bell Ringers need more members who can read music. New groups are being considered, Spanish Conversation, French Conversation and a Board Game Group. You will be hearing more about these shortly.

Two dates to remember; The Choir Concert on 13th December and the New Year Lunch on 19th January.

Finally, I wish you all a Happy Christmas and New Year.

David Sladden

NEW YEAR LUNCH

New Year Lunch on Saturday 19th January 2013 at Le Pierre Bistro, Garden Room, Swan's Nest Hotel starting at 12 Midday. Thanks to those of you who have paid already & there is still plenty of time to book to join us to see in 2013 in happy & hearty fashion. Menu choices are online on our website, or ask David Sladden or myself for them at the next meeting. We are all looking forward to a 'good do'.

Send cheques made out to HOE U3A to Athena Roderick, 17 Gifford Walk, SOA, CV37 9LN.

Courses On-Line from National Office.



Note: There is no charge for Untutored Course access to U3A members. Members will at first need to register at National Office for verification of membership.

National Web Site. www.u3a.org.uk Go to "Create an Account"

A list of the courses may be found on the notice board and all have been downloaded over the past 2 years so if members prefer to bypass National Office, courses may be forwarded to members via e-mail or transferred to a memory device. These courses are ideal for a small group to study together. For more information, please contact Robyn - redbird22@hotmail.co.uk

Equipment

An automatic 35mm Slide Projector with slide magazine and wireless remote control. This is available for group members to use. If you would like to borrow this item, please contact Ron Castleton on 01789 205878.

Time Bank

There has been some information included in the Newsletter about **Time Bank**. It is becoming very successful, so to celebrate this, Helen, Time Bank Organiser is arranging a Celebration on December 17th @ Buzz Café in Henley Street. Come along at about midday, if you can & see what it is all about. It is in everybody's interest to make it work, whether young or not so young.

Athena Roderick

NEWS FROM THE GROUPS



The China On-liners met on 23rd November for a special afternoon tea with Chinese students from Stratford College and we were delighted to welcome 4 young men and women and a member of staff. As several of our group have visited China, there was a lot to talk about; education, families, history past and present and of particular interest to the students was the course we have been doing. We were all impressed with the knowledge and the understanding of these young people. We may have another opportunity of talking to them in the New Year. We have almost completed the course and have decided to continue to meet next year.

Fancy a challenge? Join us to learn Mandarin. Under the guidance of Patricia Wu (one of our new members), and the internet, we will learn very basic mandarin and no previous language qualifications are required. Date for our first get-together in 2013 will be advertised in the next newsletter. We are aiming for the end of January. If interested, contact Robyn (as above).

Robyn Nicoll

Art Appreciation Group



At the November meeting we each brought art-related questions for a Quiz, which was enjoyable but difficult! Our two new leaders who start in January were introduced and there was a discussion about plans for future meetings. Next month we meet at The Opposition for lunch.

Phyl Collins

All Swing and Jazz Group

Report of the October 2012 meeting.



This month's programme began with the Pointer Sisters singing "Slow Hand" which was one of Dennis's 'lets see what they make of this' tracks, guess what! We liked it. This was followed by the Terry Gibbs Sextet playing "Now's the time" Bob Barnard on the cornet with "Alice Blue Gown" and after another couple of tracks a classic from Lionel Hampton and his Orchestra "Flying Home". We then had a touch of trad with Chris Barber playing "Harlem Bound", the first half finished with Eddie Condon and his Orchestra playing "I'm Forever Blowing Bubbles". After the usual chatty interval we swung into the second half with Artie Shaw and his Orchestra playing "I Get a Kick out of You" was the tempo foxtrot or quickstep? Who cares it took us straight into the next track "Tequila" played by Wes Montgomery which was then followed by "Shimme-Sha-Wobble" (You've got to admit we get a variety of titles.). Then came a real 'swoon time' track of Louis Armstrong and Ella Fitzgerald singing "A Foggy Day". This was followed by tracks by Buck Clayton, JJ Johnson and Kai Winding, and Woody Herman. The next track was "Sugar Blues" played by Clyde McCoy, He had perfected a 'wah wah' sound on his trumpet and this track had a 'Betty Boop' sound to it. A great afternoon was bought to a close with Les Brown and His Band of Renown playing "One O'clock Jump".

Thanks yet again Dennis. Our December meeting will be on the 20th December, and its just in time to put us in a Christmas mood, we wont have crackers or even party poppers but we **WILL** have mince pies. Hope to see you there at the usual time of 2pm in the lounge of the Methodist Church, Old Town.

Mavis Pickett

Big Band Swing & Jazz.



At our Big Band, Swing and Jazz group meeting Tony put together a random selection from his archives. He opened with the distinctive sound of King Olivers Creole Jazz Band playing Dippermouth Blues followed by Tommy Dorsey's band playing Song of India. Blue Devil Blues played by Walter Page's Blue Devils, was a bit plonky and stodgy! Jimmy Rushing (best jazz vocalist ever?) sang Exactly like you. Our own Acker Bilk played Wolverine Blues followed by Martha Tilton, a swing singer, with And the angels sing which had a change of tempo half way through. Albert Collins' band playing The freeze

featured heavy drums and guitar. Lionel Hampton 's band featured drums and vibes with Shoeshiner's drag. We heard that Jimmy Dorsey's band got back together in 1953, Manhattan, and finished the first set with Artie Shaw playing One foot in the Groove.

Second set opened with Tempus Fugit with Miles Davis who is credited with major influence in changes in jazz. Bob Crosby, brother to Bing, gave us South Rampart Street Parade. Fletcher Henderson, Swing Band, played Christopher Columbus followed by a duet by Ella Fitzgerald and Louis Armstrong, 'Under a blanket of blue. Chris Barber playing The martinique got every foot tapping! Syd Lawrence played Little brown jug in the style of Glen Miller. Hot house is a Dizzie Gillespie's be-bop number. Cow Cow Davenport's State St. Jive featured speaking during the music. He is not well known but wrote You rascal you. Jack Teagarden (20s and 30s) recorded with most of the greats and played Junk Man. The final number was Fats Navarro playing Fats blows and we heard that he went from playing piano to trumpet when he was 13. This was a most unusual but enjoyable programme and provoked much discussion!

Next meeting 18 December 2 – 4pm Methodist Hall.

Sue Tringham

Bridge Group



The Bridge Group is friendly, sociable, and keen to encourage new members. We also offer encouragement to "rusty" ex- players. The Group meets every Tuesday afternoon at 2.30 in the Methodist Hall Side Room next to the kitchen.

John Yeomans

Chinwags



On 22nd October we met at Café Rouge. We were trying to limit our numbers to ten so that everyone could hear. However we were not in the quiet Conservatory this time and as a result we split into two groups, one at each end who could hear each other. The theme was the recently announced trial to pedestrianise the High Street. One group discussed the pros and cons, and were generally against it, but kept the subject going. The members of the other were all against it and discussion moved on to other local issues. We meet again at Cafe Rouge on Monday Nov 22. There will be no meeting in December.

Aline Cumming

The Choir



We are looking forward to our concert LET'S SING A SONG AT CHRISTMAS on Thursday 13th December 11am-12-30pm in the Methodist Church Hall. We still have, a few tickets left £2-50 including refreshments. If you miss the concert on Thursday come to Briars Croft Residential Home, Alcester Road where we have been invited to sing on Friday 14th 2-15pm. Join us in the lounge where you will be made most welcome.

Dorothy Jones

Classical Music Group



Deidre's programme began with Mozart's Flute and Harp Concerto. Composed later in his life, this was unfamiliar to most of us but there were some beautiful harmonies and some familiar themes. The flute led most of the way through and was echoed by the harp. This was followed by a Selection compiled by the National Trust inspired by "Water". The Air from Handel's Water Music, Dance of the Spirits of water by Holst, A Lily Pond by Billy Mayerl, Waterweed by Wu Cho-Chang, Sparkling Waters by Edward Confrey, By the Lake by Balys Dvarionas played by the Lithuanian Symphony Orchestra and the Raindrop Prelude by Chopin made a varied and engrossing selection. After tea we heard Mozart's Exultate Jubilate and were sent on our way by Waltz of the Flowers from the Nutcracker. An enjoyable afternoon with some new discoveries.

On December 11th we meet again at Bridge Cottage 2.30 for a 'Bring your own' selection of Christmas music.

Aline Cumming

Computer Group at Stratford School.



The courses for Beginners and Improvers concluded at the end of November.

Thanks to more helpers offering their time, the beginners received one-to-one help during each session and members of the improvers group had specific problems solved. We plan to offer a similar format in the New Year and ask any members interested in joining this informal group to sign

the sheet on the notice board table. Dates will be advertised in the New Year and we aim to resume at the end of January. Please contact Ron or Robyn to register your interest and/or for further information.

Robyn Nicoll

Creative Craft Group



Our November meeting was the start of making Christmas Decorations. Projects in progress were Decoupage of Christmas Candles, making a tree decoration with a curtain ring, an Advent Calendar, a nativity scene, and making a Star from paper. The last project will continue next month. Materials for the Star are: Good quality paper, rule, pencil, double sided sticky tape, cutting mat.

The creative Craft Club will be putting on show our Nativity Scene. This is a project that we have been working on for the last couple of months, so please visit our table, which will be next to the card table. We will also be raffling the Tunisian Crochet Knee Blanket, mad by the members. All proceeds will be going to a local charity. Please note the next meeting will be on 13th December in the Annexe.

Roma Rudd.

Card Making Group



There is no meeting in December. The next meeting will be in January and details will be in the next Newsletter. New members always welcome, do call me for details. Carolyn 01789 266194

Carolyn Leach

Dinahs



Tuesday 2nd of October Dinahs had lunch at The Vintner. A lovely lunch enjoyed by all, followed by lots of friendly chat. How the 5and 2 diet was getting on, very successful as we could see! Cows in New Zealand are being reared to produce organic milk for people with allergies. In Canada a pig farmer went out to feed his pigs and never came back. Pigs ate him!!! Nigelissima was talked about, not much to say really. Funerals and burials in gardens. Italy and storms in Malaga. The cost of Loos in Stratford 20p. In Rome you are allowed to use the loo in any Taverna or Restaurant even if you are not eating there, very handy.

Tuesday 6th November Dinahs' had lunch at the Thai Kingdom Restaurant on Warwick Road. We were seated at the back over looking a garden, very pleasant and quiet. The food was good and not too expensive; we would eat there again. Chatted about holidays, some of us had just been away, the crazy weather, the American election, not who we favoured. Motor boats and water skiing. A few stories about relatives who never got the hang of it. While on holiday in Wales a couple joined hymn singing outside in the sun, they were given a hymn sheet in welsh. Singing their heart out a Welsh lady standing by them thanked the husband for joining in the singing; it was lovely she said but he was singing the wrong hymn. How funerals are done in Ireland was next. We next meet for an early Christmas on the 4th December at Edward Moons.

Sylvia Crooks.

Discussion Group



We met at The Windmill again & the topic was The American Election. But as Obama had been re-elected, much to everybody's relief, we only talked a little about that, wishing him well & not envying his job. We then talked about the problems of the BBC & all of the rumours floating around. Again, we hoped that it would come out of these crises stronger as it is a very important institution. I will have to find somewhere else for Dec. 12th as The Windmill already has big parties booked.

Athena Roderick

Family History Group



We usually meet on the fourth Thursday of each month at Stratford High School at 3.45pm for 4.00pm during term time. We primarily use the Internet to research using Census returns and birth, marriage and death indexes, and there is always someone on hand to offer encouragement and advice. I also have lots of resources gathered over many years of research which I am happy to share. We share a room, and costs with the Computer Group. New members to this group are always welcome. Feel free to ring me if you have any questions. Next meeting is in January and all current members will be notified nearer the time.

Sue Ocock

French Conversation – New Group

There is a young lady who has lived in this country a little while, but who would love to share her knowledge of France with other people. It would be relaxed, no verbs etc. just speaking as we do when we visit a foreign country on holiday.. We would probably meet for elevenses at a quiet café, so not expensive. If you would like to give it a try, phone or email me, or speak to me at the next meeting. We won't be starting until the New Year.

Athena Roderick

Grumpy Old Men Group



Our latest discussion topic - the country or place you would most like to live - was entertainingly introduced by Colin Robberts (Grump of the Month). Choosing reality over fantasy he outlined his priorities, many of which were endorsed by subsequent speakers. Sunshine (but not too much of it), a reasonable cost of living, good health service (vitally important for those of advancing years), good food, transport and cultural activities, religious and political tolerance, freedom of speech, human rights, skilled handyman/women, recognizable seasons and preferably English speaking. Apparently currently there are approximately 5.5m Brits. living abroad of which 4.5m reside in Commonwealth countries and only 1m are actually retired. Approx. 28% of those that "emigrate" subsequently return to G.B. Our much travelled grumps recalled many pleasurable visits to places far and near but acknowledged that holidaying did not give a real impression of what it would be like to live there. Very few of the members had actually lived abroad for any length of time and often in a business situation, supported by their Company, resulting in a somewhat artificial experience of the country. Is the grass greener on the other side? - not necessarily so and, like Colin, we all felt that on balance, all things being considered, where we are now is a great place to live (but with a little less rain and perhaps a bit nearer to the sea).

Next meeting - Wed. 19th Dec. - Venue- Le Bistrot Pierre. **Subject** - Is there a Father Christmas.

Graham Mitchell

Hand Bell Ringing



We meet every two weeks at the Parish Hall in Old Town (opposite Holy Trinity Church). At the moment we have seven members who manage to play 12 bells between them – BUT WE NEED MORE RINGERS!!! We want to progress to using all 16 bells so if you can read music, or used to play an instrument years ago, do come along and join in the fun.

Ron Castleton

History Group



In November Tony Whiteley Showed us a Nigel Cole film "Made in Dagenham" about a group of women machinists in the Ford factory at Dagenham who went on strike in the 1960s for equal pay. It was entertaining and enlightening, although the women leaders, with their glamorous hair-styles and Biba dresses were, perhaps, not typical factory workers. They achieved success when the Equal Pay Act was passed in 1970. (Before the film Tony showed us a TV recording of Julia Gillard, The Prime Minister of Australia, haranguing the Leader of the Opposition for ten minutes because of remarks he had made about the role of women. Very Funny).

On Monday 10th December we are having our Christmas lunch at the Windmill pub, followed by our meeting at the usual time of 2 pm when Ann Curtis is going to talk about the "History of Dress". If you have not booked for the lunch, please feel free to come along for the talk, which will be at the usual venue.

Sheela Burchill

Keep Fit Group



Who is brave enough to come and join us at Keep Fit on Thursday mornings at 10.00 am in Shottery Church Hall. Contact Mary Palmer on 01789 204707 or Joy Baylis on 01789 266661.

Mary Palmer

Opera Group



The October meeting was at Pam and Alan's where we saw a Glyndebourne production of Donizetti's L'elisir d'amore (The Elixir of Love). Nemorino, a simple peasant, is in love with the beautiful and wealthy Adina. However, she agrees to marry the charming army Sergeant, Belcore. Desperate to gain Adina's love, Nemorino purchases a magic love potion from a travelling quack doctor, but it has no effect on Adina's feelings. Rumour spreads that Nemorino stands to inherit immense wealth. He instantly becomes

popular among the ladies and Adina becomes jealous. Finally, Adina ends her engagement to Belcore and agrees to marry Nemorino. Next meeting at Pam and Alan's on 28th November.

Aline Cumming

Pilates Group



Every Monday at St. Andrew's Parish hall Shottery between 12:15 and 1:15. For more information contact Gill Ganner.

Play Reading Group



Play Reading was at Sylvia's house on the 8th November. We read a nativity play for women "The Clouded Star" by John Purves. We enjoyed it very much. It brought a tear for some. Next meeting will have to be early in December; the 6th at Gwyneth's or Sylvia's: will be in touch. If you would like to join us please ring Sylvia on 01789 416965

Sylvia Crooks

Poetry & Prose Reading Group



Our meeting on Shakespeare and his contemporaries gave us several poems by John Donne, Christopher Marlowe, Ben Jonson and Sir Philip Sidney as well as readings from Ben Jonson and Shakespeare. With so much to choose from we decided to go with the same theme for January. There will be no meeting in December.

Anne Davies

Reading Group - Monday



"Now we are six!!" No not A. A. Milne but Road Dahl is our next book, the story of his life! It has almost 600 pages of small print - bit of a marathon! We were pleased to welcome our new member..on parting it seemed she had been 'one of us' for ages! We read the Abortionist's daughter with some relish and some reservations..obviously written by an American.

Phyllis Bailey

Reading Group – Wednesday



Our topic in November was LIFE MASK a collection of poems by Jackie Kay. The poems focus on love, loss and mistaken and secret identity. the poems were written after Kay's lover of 15 years told her she didn't love her any more. The majority of the group enjoyed reading the poems and we read out our favourite one. Our book this month is PEACOCKS DANCING.

Dorothy Jones

Reading Group - Friday



This month we read The Boy With The Top Knot by Satham Sanghera. We had very mixed feelings about this book. It is well written as the author is a journalist but irritated by his fear of his mother although his is over thirty. The book describes growing up in a Sikh society in Wolverhampton. The blurb says it is a memoir of love, secrets and lies in Wolverhampton. It is also about a large group of people who live in a society that does not want to have any contact with the wider society around it. For example we had been at war in the Falklands for many weeks and they did not know or have any interest in it. This provoked a lively discussion.

Coral Bradley

Rock & Roll Group



We had almost a full house this month and we listened to a programme of music firstly from America and then from the UK. We can still have some more members if anyone would like to join us on the second Thursday of the month at 2.00. Just turn up.

Coral Bradley

Science and Nature Group



Our November meeting featured 'Charles Darwin and the Tree of Life', a fascinating David Attenborough DVD about Darwin's five year scientific expedition around the world on the survey ship HMS Beagle. Whilst on the voyage he collected thousands of specimens, plants, animals, insects and fossils, studied geology, and observed and recorded every species which were closely related but different in many ways. He concluded that animals, for instance, best suited to their environment are most likely to survive and pass on their characteristics to their offspring. He worked on his theory for 20 years and published his famous, but very controversial book 'On the origin of species by natural selection' in 1859. He was vehemently attacked especially by the Church but gradually his ideas gained acceptance and are now the universal key to understanding biology and the diversity of life on Earth. Prior to the DVD, Geoff gave an introductory talk about Darwin's early life, family and education. The meeting concluded with a very lively discussion, even encompassing religion. Remember, most Europeans in the Victorian era believed in the Book of Genesis, so to say that man descended from apes caused outrage!

Future meetings:-

December 14 - Xmas Social and Quiz

January 11 - Sir Isaac Newton talk and DVD

February 8 - History of Metals talk and DVD

March 8 - The History of the Stratford Canal talk

Geoff Bridgewater

SPANISH.

Several members have expressed an interest in learning basic Spanish. Do we have anyone within our Heart of England Group who is able to lead this group? If so Contact Dorothy Jones 01789 204892 (Muchas Gracias)

Sunday Lunch Group



There will be no Sunday Lunch in January.

The next lunch will be the 3rd February 2012 at the Kings Court Hotel, Alcester.

Brian Bradley

Theatre Group



We have had some very interesting theatre visits this year but at present there are none booked as we are in the pantomime season. As soon as the brochures are out I will book our next play. Look out for something – hopefully- in February.

Coral Bradley

Walking Group



The next walk will be on **Wednesday 12th December 10.00 a.m.** and start from Loxley Close just off the A429 in Wellesbourne, adjacent to the Co-op store. You can park in the lay by next to the playing fields. This is just under five miles on good roads. I recommend good walking shoes and that you also bring a drink with you. May be there will be some mince pies as well. Look forward to seeing you.

Valerie Redfern

OUTING



On 16th November 2012 a skittle evening was arranged for our U3A at Welford Bowls Club. This was a fun evening with three rounds of skittles and a buffet supper. Over 30 members enjoyed the evening. See the website for pictures and a fuller report.

SYMPHONY HALL CONCERT - THURSDAY 21st MARCH 2-15pm 2013.

Andris Nelson conducts Beethoven's sixth and seventh Symphonies." two of the most enduringly popular masterpieces in all music" Features the CBSO's violinist Laurence Jackson.

The cost of this visit is £26 .This includes the concert ticket and return coach to the Birmingham Symphony Hall. The coach will leave Johnson's depot at 12 noon and Stratford Leisure centre at 12-30pm. Cheques made payable to Heart of England U3A and sent to Dorothy Jones at 14 ASCOT CLOSE Stratford upon Avon Cv37 9FN.The tickets need to be paid for by 24th January 2013. Treat yourself to an early Christmas present.

WHAT'S ON – Monthly Meetings at Stratford, Shotton and Dene Valley U3As.
Programmes for 2013 will be included in our January Newsletter.

The closing date for material for the January 2013 Newsletter is Sunday 23rd December.

Group	Group Leader	Contact Telephone	Usual Meeting date (Monthly)
All Swing and Jazz Group	Dennis Sully		4 th Thursday 2 - 4pm
Art Appreciation	Phyl Collins Pat Wood		3 rd Friday 2pm
Big Band Music & Jazz	Tony Badham		4 th Tuesday 2 – 4 pm
Bridge	John Yeomans		Every Tuesday 2.30pm
Chinwags Luncheon Group	Aline Cumming		4 th Monday 12 Noon
Choir	Ruth Grahame Dorothy Jones		Friday 11.45 for 12 noon, After 2 nd March - Weekly
Classical Music	Aline Cumming		2 nd Tuesday 2.30 pm
Creative Crafts	Roma Rudd		3 rd Thursday 2 – 4 pm
Computer Group	Robyn Nicoll		2 nd and 4 th Thursday – 4 - 6pm
Dinahs Luncheon Group	Sylvia Crooks		1 st Tuesday for Lunch
Discussion Group	Athena Roderick		2 nd Wednesday
Family History – Genealogy	Sue Ocock		4 th Thursday – 4.00 pm
Grumpy Old Men Group	Graham Mitchell		3 rd Wednesday for Lunch
Hand Bell Ringing Group	Ron Castleton		Alternate Mondays 10am
History Group	Janet Anslow		2 nd Monday – 2.0 pm
Keep Fit	Mary Palmer		Every Thursday am
Luncheon Group – Sundays	Brian Bradley		- see Newsletter for dates -
Opera Group	Aline Cummings		4 th Wednesday, 2.00pm
Pilates Group	Gill Ganner		Mondays – 12.15-1.15pm
Play Reading	Sylvia Crooks		-see Newsletter for dates -
Poetry Reading	Jacqueline Williams		2 nd Weds. 10 – 12 am
Poetry & Prose Appreciation	Anne Davies		As appropriate
Reading Group – Wednesday	Dorothy Jones		3 rd Wednesday 2.30 pm
Reading Group – Monday	Phyllis Bailey		3 rd Monday–2.30-4.30pm
Reading Group – Friday	Coral Bradley		As appropriate
Rock & Roll Music Group	Coral Bradley		2 nd Thursday – 2 – 4pm
Science & Nature Group (incorporating Bird Watching)	Geoff Bridgewater		2 nd Fridays 2 - 4pm (or as announced)
Symphony Hall Visits	Dorothy Jones & Gwyn Bevins		As appropriate
Theatre Visits & Outings	Coral Bradley		As appropriate
Walking	Valerie Redfern		2 nd Wednesday

HEART OF ENGLAND U3A ROTA FOR AFTERNOON TEAS.

<u>MONTH</u>		<u>MONTH</u>	<u>2013</u>
DECEMBER 2012	Hand Bell Ringing Group		
JANUARY 2013	Grumpy Old Men Group	JULY 2013	Keep Fit Group
FEBRUARY 2013	Monday Reading Group	AUGUST 2013	Bridge Group
MARCH 2013	Bird Watching Group	SEPTEMBER 2013	Creative Crafts Group
APRIL 2013	Family History & Computer Groups	OCTOBER 2013	The Choir
MAY 2013	Big Band Music & Jazz Group	NOVEMBER 2013	History Group
JUNE 2013	Dinah's Lunch Group	DECEMBER 2013	Pilates Group